

OFFICIAL NEWSLETTER OF GAUTENG WOMEN IN  
INSURANCE JANUARY 2026



# WOMEN TO WOMEN

## NEWSLETTER



**WHERE WOMEN CONNECT, LEAD, AND INSPIRE**

**Promoting the networking of women who work in the short-term insurance industry in Gauteng, South Africa.**



**Meet the 2026**

**GWII President and Deputy President**



**Velene Peters**  
President



**Easvarie Naidoo**  
Deputy President



### **15 resolutions for a more empowered 2026**

As 2026 dawns, the desire to reset and refocus is familiar. We jot down goals: hit the gym, spend smarter, eat greener. But what if this year's resolutions went beyond personal gain? What if they also contributed to collective empowerment? Feminist resolutions are about more than just identity - they're about intention. They're rooted in equality, self-respect... [Read more](#)

## The women's guide to wellness in 2026

A new year often begins with a mix of feelings: anticipation, hope, maybe even a little pressure. Will I hit my goals? Will I stay consistent? Will this be the year I finally slow down and prioritize what really matters? Instead of defaulting to the "new year, new you" cliché, 2026 invites us to return to ourselves—to what brings us energy, meaning, and peace... [Read more](#)

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### Making money work for you: a practice start for women investors

Financial empowerment does not start with having a lot of money. It begins with taking control of what you have and growing it on your own terms. Yet for many South African women, the world of investing and trading still feels distant, complicated, or even exclusionary. I want to say that markets are not just for a select few. They are for you... [Read more](#)

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## Women and heart health fact sheet

Many people think that cardiovascular disease (CVD) is only a men's health issue, but it's not. CVD is a major cause of death of women in Australia. It's important to know that women often have a different experience of CVD compared to men. Risk factors and symptoms of CVD can be different, and women are also at a disadvantage when it comes to CVD care... [Read more](#)



### Unseen medical costs are derailing women's wellness goals

Wellness is increasingly a priority for women, including nutrition, fitness, mindfulness, and preventative healthcare. An important part of a holistic wellness strategy, however, is

your financial wellbeing, and even the best strategy can be derailed by unexpected healthcare costs, no matter how... [Read more](#)

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### Legal talk: The Retrenchment Process and Your Legal Rights

No one can predict the future – that’s a fact. And it’s because of this that many aspects of our lives are at the mercy of various factors that are out of our control. Our jobs and, therefore, our livelihoods can also take a significant knock when businesses have to deal with restructuring... [Read more](#)

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SAVE  
THE DATE

[SEE THE 2026 CALENDAR HERE](#)

#### **UPCOMING EVENTS**

##### **GWII Committee Member Onboarding**

**15 January**

##### **GWII Summer Cup**

**7 February**

Individual seats are available at

R1 500 per person





**Vibe & Venture 1**

**Cake Decorating & Connection (Invite COMING SOON!)**

**12 February**

**Leaderwalk 1**

**3 March**

**CPD 1**

**12 March**

**Vibe & Venture 2**

**26 March**

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## **2026 GWII MEMBERSHIP**

The GWII membership for 2026 is R420. Should you wish to pay the membership fee of R420, our account details are as follows:

**Account Name:** G W I I Group NPC

**Banker:** FNB

**Account No:** 62436595691

**Account Type:** Current Account

**Branch Name:** Client Resolution Centre

**Branch Code:** 260231

Please use your name AND your cell number as a reference.

If your company is willing to pay for your membership please contact [admin@gwii.co.za](mailto:admin@gwii.co.za) for an invoice to be made out to your company.

We will need:

- Company name;
- PO Box address; and



- VAT no if there is one.

## **BENEFITS OF BELONGING**

- Belong to a dynamic, professional insurance industry association that promotes the personal and professional growth of women;
- Share your knowledge and expertise with industry peers and fellow members;
- Participate and build connections through networking at industry events;
- Cultivate professional self-confidence and personal friendships;
- Learn through speakers, workshops and articles designed to broaden your knowledge, enhance your position and meet professional needs; and
- Give back to the communities that we serve through our charity initiatives at our events.



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